



HEALTHY LACING OF THE SPIRITUAL AND MORAL ENVIRONMENT IN TROUBLED AND TROUBLED FAMILIES

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ABSTRACT

This article will talk about a number of considerations for the recovery of the moral and moral environment in troubled and troubled families, improving their lives.

Keywords: family ,environment, fortification, for the formation, in which the traditions of family life, national customs, pleasure are not enough, and children are a living orphan, spiritual and moral upbringing, wellness.

Introduction

Our people consider the family as a sacred fortress. People bring up children brought up in a family fortress with special kindness. Because such children have a high level of morality, culture of respect, respect for others. That is why the people respect them and look at them with confidence. Because a child who grows up in a family with a healthy environment, a solid foundation and its own traditions will not be harmed.

In order to further strengthen the institution of the family, the decree of the president of the Republic of Uzbekistan "on measures to radically improve the activities in the field of supporting women and strengthening the Institute of the family" was published on February 2, 2018 in order to further strengthen the institution of the family, and important aspects related to the upbringing of

Historically, this document identified a number of important tasks related to family and child education. In particular, conducting fundamental, practical and innovative research on the problems of Modern Family Development, internal relations of the family, individual relations, rich cultural historical heritage and traditional family



values, on the basis of which the strengthening of the family institution, the development and implementation of proposals for the preparation of young people for family life and the Prevention of divorce were among the.

The main part

From time immemorial, the Uzbek people are different with their family and childhood it is separated from the Peoples. And this, of course, is of course, to put kindness on the child, to make their winter dark and column idol in their own way, but to bring up our children from infancy to adulthood as a person of high spirituality has always been of urgent importance. In this regard, the first president of our country was I.A.Karimov's "When we talk about the family, first of all, the family says that life is eternal, we must recognize that it is the furnace of upbringing that ensures the continuity of generations, keeps our sacred traditions, at the same time, has a direct effect on how future generations will grow to be human beings"

In these thoughts of our first President, the family is first and foremost a matter of faith and its unique role in fostering a healthy outlook is emphasized. Therefore, at the heart of all educational work related to the upbringing of children in the family and community system is the task of studying the laws related to folk traditions, family relations and the essence of national values. This is the result of a study of their social and psychological conditions depends on practice. Because a stable and strong family In order to form it, it is necessary to strengthen family traditions, re-examine national traditions on the basis of modern requirements and develop effective means of spiritual and moral education of our youth in relation to the rarest.¹

According to the monitoring results, the main reason for the unrest is the disagreement of the couple. It was also found that divorces in the family occur due to the intervention of the mother-in-law and father-in-law, a third party. In order to prevent conflicts in families, to resolve disputes between mothers-in-law and daughters-in-law, special interviews were conducted with such families and explanatory work was carried out. Thus, measures were taken to reconcile those who

¹ Mirziyoyev Sh. Buyuk kelajagimizni mard va olijanob xalqimiz bilan birga quramiz -T.: "O'zbekiston", 2017, 329-bet.[1]



were on the verge of divorce. Neighborhood activists, specialists, prevention inspectors were involved in the control of the families, whose families were on the verge of a quarrel. In this fortress, which was considered sacred by our ancestors, wise and kind grandmothers, if the spiritual environment is healthy, if the traditions continue, it will never perish, and children will never become living orphans. Let us not forget that the family is in fact a political, social and spiritual concept. This means that the stronger our family, the more children will grow up, which will further enhance the power of our country.²

In today's fast-paced era of globalization, Uzbekistan is building a modern, exemplary and prosperous family, one of the most modern, exemplary and prosperous families in the world.

The head of our state pays great attention to strengthening the family. In particular, on February 18 of this year, "On measures to improve the socio-spiritual environment in society, to further support the institution of the community and to bring the system of working with families and women to a new level" was adopted. The establishment of the Ministry of Mahalla and Family Support of the Republic of Tajikistan is a big step in this direction.

This decree, on the basis of our national and spiritual values, identifies a number of tasks and areas of activity for the ministry in terms of solving the problems that have accumulated over the years in this area.

The Ministry is tasked with strengthening the institution of the family, first of all, with the implementation of the only state policy aimed at implementing the idea of "Healthy family - healthy society", and with the organization of housing assistance to troubled and troubled families.

In turn, the establishment of modern, exemplary family criteria based on the analysis of universal and national family values, as well as the widespread promotion of the constitutional principle of "Family in the protection of society and the state" and a comprehensive approach to social integration are still important today.

A healthy and stable family environment, a peaceful psychological environment, high moral and ethical upbringing, adequate economic and living conditions, a high level

² https://teletype.in/@qishloq_hayoti_gazetasi/B1ze25p5E



of education of family members in the field of education, a special emphasis on health, a modern exemplary family.

No matter how bitter it may be, it should be noted that in recent times, some of the problems that are not typical for our people - family divorce, various conflicts, unemployment, unhealthy family environment, depression, need, vulnerability to crime, incapacity, crime. a number of socio-spiritual problems. In particular, the declining number of divorces is a matter of serious concern.

It should be noted that, first of all, it is necessary to increase the legal literacy of married citizens on the basis of the relevant legislation on the rights and obligations of the husband, in particular, the procedure, conditions and consequences of concluding a marriage contract. In this regard, it is expedient to conduct a comprehensive advocacy work, create appropriate methodological guidelines, and develop methodological recommendations. From general education schools to university curricula, it is useful to include family lessons.

One of the main goals of the establishment of this ministry is to fully realize the rights and interests of every family in the country, to create decent living conditions for them, to ensure a balanced family relationship, to increase the wealth of the family, in short, the institution of the state. achieving sustainable development.

I want every family to live a spiritually healthy, happy and peaceful life. May the children growing up in the family grow up as perfect human beings and add strength and power to the power of our state. Because the family is the main link in society, its strengthening and prosperity will undoubtedly serve the development of our state and society.³

In accordance with the Decree of the President of the Republic of Uzbekistan dated February 2 of this year "On measures to radically improve the activities in the field of support of women and strengthening the institution of the family", and the most important and urgent tasks of public organizations. According to the decree, the Center for Scientific and Practical Research "Family" under the Cabinet of Ministers was established as the only system in the field of family policy. The main task of the Center is to unite government and public organizations, parliament, political parties, the media

³ <https://uza.uz/uz>



and other institutions of civil society around the idea of strengthening the families of Uzbekistan.

In turn, we are working to establish modern, exemplary family criteria based on the analysis of universal and national family values, as well as to promote the constitutional principle of "Family in the protection of society and the state" and a comprehensive approach to social integration.⁴

In particular, a number of fundamental, applied and innovative research in the field of strengthening and developing the family, improving the spiritual and moral environment in families, preserving and promoting the most exemplary family traditions in society. For example, social surveys were conducted in more than 800 families in different regions of the country on what should be the criteria for a modern successful family, and the model of a modern family was developed based on the final results. According to the surveyed family members, a healthy and stable family environment is a peaceful psychological environment; high spiritual and moral education; adequate economic and living conditions; higher level of education of family members in the field of education;

No matter how bitter it may be, it should be noted that our research shows that some of the problems that are not typical for our people in recent years - family divorce, various conflicts, unemployment, unhealthy family environment, unhealthy environment, spirituality. disadvantaged families and a number of socio-spiritual problems. In particular, the declining number of divorces is a matter of serious concern. Our research in three regions of the country shows that the main reasons for the failure of families are:

Psychological factor - a difficult psychological environment in the family, lack of mutual understanding, constant conflicts in the family, parental interference in the lives of young couples, alienation of young couples, indifference to each other;

The social factors are alcoholism, infertility, and poor health of the husband or wife;

Spiritual and moral factor - a long-term extramarital affair of one of the spouses;

Economic factors are unsatisfactory housing conditions, financial hardship, unemployment, the inability of the husband to provide for his family, the loss of contact

⁴ <https://xs.uz/uzkr/post/oila-zhamiyat-va-davlat-himoyasida>



with the family of one of the spouses who went abroad as a labor migrant, and the inability to repay debts.

It must be acknowledged that to date, more than 11,800 disputed families have not reached court, and more than 3,100 families who have filed for divorce have been reconciled with their partners. In all, 14,645 endangered families survived.

Based on the results of our research, we have developed a number of proposals aimed at preventing divorce and strengthening families. In our opinion, first of all, it is necessary to establish training of qualified personnel for the Reconciliation Commissions under the neighborhood citizens' assemblies and the structures of the "Parents' University". It is necessary to increase the legal literacy of married citizens on the basis of the relevant legislation on the rights and obligations of the couple, in particular, the procedure, conditions and consequences of concluding a marriage contract. In this regard, it is expedient to conduct a comprehensive advocacy work, create appropriate methodological guidelines, and develop methodological recommendations. From general education schools to university curricula, it is useful to include family lessons.

Our field studies show that many of our young people, who today cross the threshold of the so-called family sanctuary, are, unfortunately, not economically, spiritually, legally, spiritually or religiously ready for an independent life. In search of a solution to this problem, we tried to improve their knowledge and skills by organizing a special training course for future brides and grooms who have applied for marriage to the Civil Registry Office in Parkent district of Tashkent region. Fifteen couples were trained in interactive, innovative methods by experts who are masters of their profession. We are popularizing this experience throughout the country, as this course, which is being continued in the Parkent district, is very popular among young people.

In addition, our specialists are implementing a new innovative approach to family issues in Namangan region. For this purpose, the complex of services provided to the family was studied in cooperation with a number of institutions in Turakurgan district. Through the organization of trainings on working with families, specialists in the field were provided with comprehensive knowledge and skills. In turn, the specialists of the Family Center are being brought closer to government and non-governmental organizations as specialists in providing family services. As a result,



disadvantaged families enjoy public services. To date, a complete scientific and practical analysis of the situation of families in the Turakurgan district has been developed, and a separate "Road Map" has been developed for each of them to free 84 of them, and these documents are being implemented.

More than 10,000 troubled families have been identified in our center, a database has been created in all our regional offices, and we are working with them individually. At the same time, practical assistance measures have been developed in collaboration with the sectors and partner organizations in the districts to address the main problems of 4,343 vulnerable families. Direct contact has been established with 3,819 families with problems in internal family relations, interpersonal relations, preservation of rich cultural and historical heritage and traditional family values. A database of more than 1.5 million sample families has been created.

Of course, working with families requires a high level of knowledge and skills, as well as unique experience. Taking this into account, special training courses on advanced training and retraining of personnel organized under the regional administrations of the center were organized, first of all, training courses were organized for the staff of the center and regional branches. At present, the training of specialists in working with women and strengthening the spiritual and moral values in families is continuing throughout the country.

In the field of the family, our center strengthens cooperation with a number of governmental and non-governmental organizations, as well as international organizations. To date, memorandums have been signed with more than 20 organizations and active cooperation has been established.

CONCLUSION

It should be noted that the concept of strengthening the institution of the family in the Republic of Uzbekistan and the implementation of the "Road Map" on its implementation was approved by the President on June 27 this year.

The main goal of the implementation of this Concept is to fully realize the rights and interests of every family in our country, to create favorable living conditions for them, to ensure the balance of family relations, to increase family well-being, in short, the institution of the family. is to achieve progress. We want every family to live a spiritually healthy, happy and peaceful life. May the children growing up in the family



grow up as perfect human beings and add strength and power to the power of our state. Because the family is the main link in society, its strengthening and prosperity will undoubtedly serve the development of our state and society.

In order to increase the efficiency of the chairmen of the conciliation commissions operating under the citizens' assemblies, organize trainings and seminars for members of the conciliation commissions in the training courses organized under the territorial departments of the Family Center; Creating a healthy family environment and increasing the role of parents in the upbringing of children, ensuring that family and neighborly relations are based on the principles of mutual respect and kindness, "Seven neighborhoods for one child, both father and mother", To inculcate in the population the importance of the principles of national education, such as "Peace be with your neighbor", spiritual and educational activities aimed at the practical implementation of the principle "Take care of your child", joint organization of advocacy work and to ensure the broad participation of the population in these activities; Joint implementation of advocacy activities in the neighborhood on family spirituality and enlightenment, marriage and family law, as well as the negative consequences of early and incestuous marriages, the enlightenment of family events.

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