



## AVESTO – THE HOLLY BOOK OF ZOROASTRIANISM

**KIMSANBAEVASHAKHNOZABAKRIDINOVNA** -Assistant of the Department of Humanities of the Tashkent State Agrarian University,

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**ANNOTATION.** *The Central Asian nations have made invaluable contributions to the development of human culture through the historical and literary monument of Avesto, their great spiritual heritage. This article considers Avesto as an ancient monument of our people as an important factor in the spiritual and spiritual upbringing and development of modern people with its creative ideas. "Avesta" is a historical source for the study of the most ancient period in the history of Central Asia. "Avesta" - (The name "Avesta" itself comes from the Middle Persian word "apastak", later - "αβαστγ" - "basis" or by other interpretations, "establishment", "prescription", "praise.") a collection of Zoroastrian religious texts. Zoroastrianism is the most ancient religion, which is based on the eternal struggle between good and evil. She did not become a world, but had a great influence on such world religions as Buddhism, Judaism, Christianity and Islam. The name of the religion comes from the name of the prophet Zarathushtra. Basic expressions: Avesto, Yasna, Yasht, Vispirad, Vandidod, values, morality, Zoroastrianism, religious heritage, spiritual culture, beliefs, noble intentions.*

**BASIC EXPRESSIONS:** *Avesto, Zoroastrianism, tradition, customs, region, philosophical views, culture, India, Central Asia*

**INTRODUCTION.** The ancient religious beliefs, values, and rituals of our ancestors are the Zoroastrianism in the region, particularly in the Khorezm oasis. It emerged in the Horezmian Oasis and gradually emerged as a particular religious outlook that spread to Central Asia, even to the Middle East.

Abu Raihon Beruni wrote about Avesto in his work entitled «Monuments of the Ancient Nations»[1:67]: Darius Doro's treasury had a copy of the twelve thousand cattle



skins. Alexander destroyed the fireplaces and killed them when he killed them. That's why three-fifths of Avesto disappeared. Avesto was thirty generations. There were twelve generations in the hands of the Ma'arij. So, Avesto's four Yasna, Yash, Vispirad, Vandidod parts have arrived[2]. At Avesto, besides religious views, myths and their stories related to the emergence of life on the earth and the universe, the history, socio-economic life, nature, geography, flora and fauna of nations, Central Asia, Iran and Azerbaijan, - Material, moral and spiritual culture, traditions and lifestyle materials. Also, the ancient Turan's land, its climate, its structure, its mountains, its deserts, and especially the morality, moral qualities, such as pride, jealousy, greed, stealing, honesty, truthfulness, commitment to promise, sincerity, loyalty, mutual respect. Zoroastrianism has contributed to the social and spiritual development of the peoples of Central Asia and united people in one religion, helping people to develop their sense of love, self-awareness and respect for Homeland, and to bring them up in the spirit of honesty, honesty, diligence and tolerance. Any kind of wars and aggression can be considered political ideologically. It is expressed through attack on historical sources and culture.

Thanks to independence, our objective study of history has risen to the level of state policy. Uzbek people are one of the peoples who made a worthy contribution to the history of world culture. As the President of our country Shavkat Mirziyayev noted, «the study of our rich heritage representing the valuable values and rich statehood of our people» is a requirement of time[3: 126].

**PURPOSE OF RESEARCH.** Avesto plays an exceptional role in the spiritual culture and self-determination of Movarounnakh'r peoples. It is remarkable that he is regarded as a source of important values in social, political and spiritual life.

President of the Republic of Uzbekistan Islam Karimov in his interview with historian scientists said: «The most precious, oldest manuscript is the 3000 years since the creation of



Avesto. This rare book is a spiritual, historical heritage of our forefathers, who lived in the midst of the river between the two streams of XXX century, and of our ancestors” [4:87].

Indeed, Avesto is the cultural, historical and religious heritage of our centuries-long spiritual and moral source. This rare book is a collection of moral and ethical views on national self-consciousness. Avesto primarily focuses on the moral well-being of the person through the «noble intentions, noble words and noble deeds». It has its own social-philosophical meaning.

Zardusht's«I love the good intentions, good words and good deeds! From the intent, words and actions, I choose good motives, good words and good deeds. I'm going to abandon all my dirty eyes, evil words and evil deeds. «Today, our people have a great educational significance in understanding the national identity” [5:76].

Avesto has emerged as a great universal value. Avesto is a philosophical, religious, moral teaching that has a remarkable effect on human cultural development.

According to researchers, Avesto also has a wide range of issues including philosophy, politics, morals, life, land, water, flora and fauna, and environmental protection. Avesto's existence and integrity as well as the harmony of human life with nature are in many ways closely related to the spiritual world of man. This draws our attention to the fact that the environment has been influential in the formation of the spiritual world of man.

«Avesto» reflects the creation of the universe, the human race, its struggle with evil and destructive forces for good and creativity, and the aspirations of the desire for freedom, liberty and development. «Avesto» as an ancient monument of our people is an important factor of spiritual and spiritual growth and development of modern people with their creative ideas. In Avesto, there is a thought that the one who falsely denies the water and the fire of fire is the worst punishment in hell, which is worse than the world's worries. The ideas of spiritual purity also reflect the lifestyle, traditions, spiritual and spiritual experiences of the Uzbek people [6:42].



The religion of Zoroastrianism («Avesto») has taken a great place in the religious heritage and moral values of our people before Islam. Avesto was created in the late seventh and early seventeenth centuries BC. It was founded by Zardusht, and was last completed in the sixth century AD. Most scholars acknowledge that the most interesting part of Avesto was Zoroastrian himself. Olima Fazila Sulaymonova, in her book, «East and West», has noted that the ancient religion of the peoples of Central Asia has had a considerable influence on the ancient culture of Europe, in particular its cradle, of Greek culture [9:123].

The religion of Zoroastrianism is deeply rooted and many of its features are connected with the ancient beliefs and the ancient lifestyle of people. Because Zoroastrianism is the most ancient systematized religion of humanity, its primitive religious-philosophical attitude to the universe radically changes, and it receives a clear spiritual direction through the reform and the systematization of religion carried out by Zoroastrianism. Professor Zh. Mahmudova wrote, «Zardusht summarizes various aspects of religious consciousness in the image of the creator of the universe - the only god in Ahura Mazda. Because of this activity, Zardusht is seen as a great reformer, philosopher and wise figure, who has made it possible for the religious and philosophical rise of humanity to expand and deepen the process of learning the world. « In Avesto, earth, air and water are considered sacred in the material basis of the world” [10: 45]. Our ancestors preserved nature and kept it as the apple of the eye. According to Avesto, nature is divinely inspired. Because the nature is life, and mankind is the vital tool for all living things.

“Avesto” reflects the creation of the world, the human race, the struggle with evil forces for good, freedom, freedom, belief, justice, truth, goodness and creativity.

Avesto is an invaluable book that propagates not only human beings but also the earth, water, air and fire. The sacred source provides rare findings on the history of the land, rivers and gardens, mountains and springs, deserts, horses, dogs, herbs, plant protection, clean and clean environment, construction of cities, villages and settlements.



In Avesto, besides religious doctrine, philosophy, politics, morals, and life are widely expressed. The unique historical monument of our ancestors is, first and foremost, deservedly reflected in the nature of nature, respect for nature, the integrity and integrity of the universe, the harmony of nature and man, and the preservation of the environment.

Avesto philosophy expresses noble qualities such as purity, noble intentions, pure emotion, soil consciousness, conservation of flora and fauna, love of the Homeland and creativity through high moral principles and thinking style. At the same time, with the advent of human rights and progress, ideologies and ideologies of the people who were influenced by various ideologies, beliefs, and ideologies, at the same time, the Avesto was united by the common goals, the harmony of interests, as a human philosophy that calls for coordination of relationships between people by bringing them into existence. Historical sources show that Zoroastrianism was so extensive in its time and the formation of religions such as Hinduism, Buddhism, Judaism, Christianity and Islam have a big impact. As a consequence of the persecution of other religions and doctrines, it was not permitted to disperse the writing of Zoroastrianism in the first place, and later to Avesto in the period of the Bosphorus [9:98].

The debate about the time of Zoroastrianism has continued for many centuries. According to the findings of recent studies by scientists, Avesto's original homeland was Khorezm.

Merry Bays of the Four-Dossier of Zoroastrianism also acknowledges that the sacred book of Zoroastrianism «Avesto» appeared in the ancient Khorezm oasis.

The theory of Zoroastrianism and the hypothesis that Avesto appeared in Khorezm were compiled by scientists from Uzbekistan B. Gofurov, N.Mallaev, H.Khomidov, A.Qayumov, Y.Jumaboev, M.Iskhakov, A.Saidov, M. Rakhmonov, F.Sulaymonova, Works by I.Jabbarov, N. Juraev, G.Dresvyanskaya, I.Hujamurodov, A.Irisov, M.Kodirov, T.Makhmudov, D.Makhmudova, S.Otamurodov, IbroximKarimov, T.Karim, S.Hasanov in their research.



Scientists of Uzbekistan (A. Askarov, A.Sagdullaev, E.Rtveladze, I.Jabborov, M.Ishakov, G.Makhmudov) proved that the oldest parts of Avesta are reflected in the religious and lifestyle of Bactria, Ferghana, Greater Khorezm, Margiana and Sughdinhabitants. Archaeological and linguistic studies have shown that some of the traditions that have been preserved for thousands of years by our people are Khorezm, the homeland of Zoroastrianism.

According to T.Tolstov, who investigated the ruins found in the Khorezmian city, the composition of the «Cities That Live in the Wall» is similar to the image of the legendary heroes of «Square Var»Yima (Medieval Djemshid) - «Avesto».

Zardushtis considered a revolutionary, reformer in social, political and spiritual life. As Professor Khujamuradov wrote, «The doctrine of Zoroastrians does not encourage people to study only religious laws and do not practice prayer. On the contrary, his creed strives to encourage people to strive for inclusion, creativity, perfection of the «indigenous world» [7:57]. The purpose of the human being's life is to be sure of the text of his life, to make the country prosperous, well-prosperous, and to ensure that different communities live in harmony with one another. For this reason, «the most precious people are those who» draw their water out of the wilderness and wash the soil of the desert, Avestoshunos scientist G.T.Mahmudova also affirms these ideas: «The importance of Avesto in the history of human civilization is determined by his philosophy in the center of man and his piety and lifestyle. Concerned about human, a wide range of socio-political and ethical philosophical ideas is an indication of the dynamic, optimistic and humane nature of the philosophy of Zoroastrianism» [10:45].

Avesto'sWandidod section provides examples of how the groundbreaking of the land, which is the basis of farming, and the sowing of good quality plowed seeds, led to the abandonment of the evil forces.



The struggle that takes place in the world and in the spirit of man ends with the triumph of light on darkness, on the evil of evil, on the fate of the destiny of life. Human beings and phenomena that bring happiness, wealth, joy, and comfort to human beings are glorified.

Zoroastrianism's philosophy is that evil is a movement aimed at breaking up society and destroying human relationships. As academician A.Askarovwrote, «this religion is prevalent among the population of irrigated agriculture. Because in Zoroastrianism philosophy, four elements of nature are sanctified: the sun (fire), the earth (the fertile soil), the life of society as the blood of the human life; spiritually and physically refreshing as an indispensable source of air and human health” [8: 56].

The tribes and tribes who believed in Zoroastrianism were flooded with water and fire. They have put the Sun into a divine miracle light and heat. The evidence for this is the archaeological findings that the peoples of Central Asia have worshiped to Mitra, the sun god, Anahit, the god of land, water, fertility [11:32].

In short, First, Avesto is the sacred writer of the world's oldest doctrine of religion and the history of the ancestors, the first millennium BC, is a mystery of the development of our minds; Secondly, this book is not only a religious one, but also a source of historical, literary source of the language, alphabet, culture, social philosophy, literature and art of our nation; Thirdly, the Avesto data is a unique resource for studying the ethnogenesis of the Uzbek people. According to scientists, one of the two roots of the ancestors of the Uzbek people is an ancient northeastern Iranian-Iranian community, ie the Irghans, the Bohtarians, the Khorazmiys, Choch and the main inhabitants of ancient Fergana; Fourthly, the philosophical views of the original philosophical concepts combine with it. The idea of forming a wretched, upright man, who is able to maintain a prosperity, is central; Fifthly, the general view of ethical views in the play encompasses the history of the peoples of Central Asia from ancient times to the period of Islam; Sixth, in the historical monument, ideas such as land,



water, air, fire, mountains, sun, environmental protection and honor are the basis of agriculture and plenty; Seventh, the sacred book of Zoroastrianism serves as a basis for the understanding of the national identity of our citizens, the way of life, religious beliefs and national values created in the educated nations.

**CONCLUSION.** Summing up, it should be noted that the features of the national values of the peoples of Central Asia are as follows:

- 1) respect for the place of birth and homeland;
- 2) loyalty to ancestral memory;
- 3) respect for adults, respect for youth;
- 4) humanitarian aid;

5) It is also characterized by shyness, patience, perseverance, patience. All these aspects are in the teachings of Zoroastrianism. Today it is important to integrate it into the consciousness of young people. According to Avesto, the universe was built on a controversial struggle: light and darkness in physical things, life and death in living beings, good and evil in the moral world, in the struggle between righteousness and lawlessness in public life. Ahura Mazda, light and noble forces, brings good, and Arimon's evil spirit fights with it and leads people to bad behavior and ways. The true believer is on the good side. In this struggle, we are convinced of the victory of light in darkness, the victory over good. Similarly, Zoroastrianism today is largely inhabited by India and maintains its traditions to this day. History shows that both the Uzbek and Indian peoples have a long history of similarity and friendship in traditions and national values.



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